



## Discharge Clinical Form

As a provider, discharge planning is a critical component of member care and directly reflects the quality of services your facility delivers. Quality discharge planning includes coordination and linkage to any applicable behavioral health, substance use, medical, legal and social determinant follow-up resources. Accurate and complete discharge reviews are needed to ensure effective and appropriate provider services are delivered to members, ensuring continuity of care after discharge.

Quality discharge plans are needed for **all levels of care** within **forty-eight hours** of discharge or change in service level.

### What Is Included in a quality discharge plan?

- A clear and detailed plan for members that ensures a successful transition to lower level of care
- A follow-up appointment scheduled within 7 days of discharge
- Resources to assist in mitigating barriers and/or Social Determinants of Health
- Verification that the member was actively involved in the discharge planning process and they understand the discharge plan
- Clear and detailed medication information
- Documentation of *Crisis/Safety/Relapse Prevention Plans*
- Signed *Authorized Delegate Forms* to assist in coordination of care moving forward

### How do I complete a Discharge Clinical Form?

A Discharge Clinical Form can be completed through the New Directions Behavioral Health WebPass System at <https://webpass.ndbh.com/> or by calling your Clinical Utilization Management contact.

For more information on this process please contact [CNMteam@ndbh.com](mailto:CNMteam@ndbh.com).

